

## FEELING LONELY AND INCOMPLETE?



That sense of incompleteness we feel at times does not mean anything is uniquely wrong with us. We all share a deficiency. To seek to merge with someone outside ourselves is of the essence of our humanity. The most common form of this drive is in sexual intercourse. Two bodies merging as one. The Bible calls this “one flesh” – which makes perfect sense, doesn’t it?

However, sexual intercourse is NEVER just “skin on skin” but touches something deeper. There is the merging of souls. God reserved sexual intercourse for marriage because too much is at stake for the human soul if not protected in covenant relationship. Which is why “do-it-yourself” sex is never fully satisfying. The merging with another is not met.

Even when physical merging with a loved other is enjoyed, a sense of incompleteness persists. Why? Because the essential merging for humanity is not with soul BUT WITH SPIRIT.

If you put diesel fuel in a gasoline engine, you are in real trouble. Inevitably, you will shut down. Your car was meant to run on gas. Which explains why human beings everywhere on this planet “shut down.” We are designed to run not on soul but on Spirit.

No matter how hard we try, the human soul will ALWAYS be incomplete apart from the inflow of divine Spirit.

Jesus said, “If anyone loves me, he will keep my word, and my Father will love him, and WE WILL COME TO HIM AND MAKE OUR HOME WITH HIM.” In other words, Jesus invites the possibility of the human soul merged with God himself.

Entrusting yourself to Jesus Christ with the intention of following after him – receiving the Holy Spirit – learning to the things Jesus taught – in doing so your soul will find rest.